

TAKE THIRTY

September 2020

Introduction

Welcome to the latest edition of our HSSE Newsletter.

Whilst this month we clearly have lots to celebrate with 3 wins for the company at the virtual Construction week Oman Awards we also feature the significant contribution our team in Duqm has made to the 20 Million Man Hour without LTI celebration.

We also hear from Khalid Al Badi, our Senior Security Supervisor as well as sharing the great examples of HSSE best practice from around the business.

With the reopening of many business and services around the Sultanate and the news of the planned reopening of the airport, it would be easy to consider the worst of the pandemic has passed, this may or may not be the case.

As well as a recent increase in cases, there is a tangible increase in complacency in society, this is probably the biggest threat we are facing whilst waiting for the development, testing and distribution of a vaccine.

Please remember the basics of our Take Control of COVID-19 campaign and stay safe.


Peter Baker



60 Seconds With Khalid Al Abdali, Security Supervisor - Muscat



1. What is your job role and how long have you worked for Douglas OHI?

I am the Security Supervisor for the company, and I have worked at Douglas OHI for five years and six months. I worked in Sohar for three years as a guard, I was then promoted to security supervisor for one year under the direction of Mohammad Ibrahim, the Administration Manager and then I moved to the Head

Office in Ghala where I report to our Human Resources Manager Mr Redha Saied.

2. What does your job involve?

The duties of the Security Supervisor are:

- Monitoring the guards in terms of their attendance and departure whilst ensuring their presence in the workplace.
- Working with the guards and sending the required reports to the responsible department.
- Monitoring the sites and notify management of anything unusual that may affect security, employee or public safety.

3. Why is security important to our business?

Because it provides security, safety and observation of the main offices, camps and construction sites and highlights any problems that occur within the company and outside the limits of the law.

4. What makes you happy when you are at work?

I love the profession in which I work, the good interaction and praise from my direct manager, Mr Redha Saied and his encouragement for me to develop myself, and also the feeling that I am among an united team, whether from a manager to the junior employees in the company.

5. What would you say to someone worried about COVID-19?

Do not worry, you are in a company that follows the safety system and puts its employees among its primary concerns in combating Covid-19 by creating the appropriate place, whether in work or staff housing, and setting instructions. I would also say that you as a person must follow the instructions such as wearing a mask, physical distancing, washing hands with soap and water or hand sanitiser, and maintaining personal hygiene.

Douglas OHI walks away with top honours for CSR Initiative, Sustainability Initiative and Contractor of the Year at Construction Week Oman Awards 2020



Douglas OHI has picked up three awards at the Construction Week Oman Awards 2020, the industry's most prestigious recognition of excellence in construction. The winners were announced at a virtual event on 2nd September.



We are thrilled to have won:

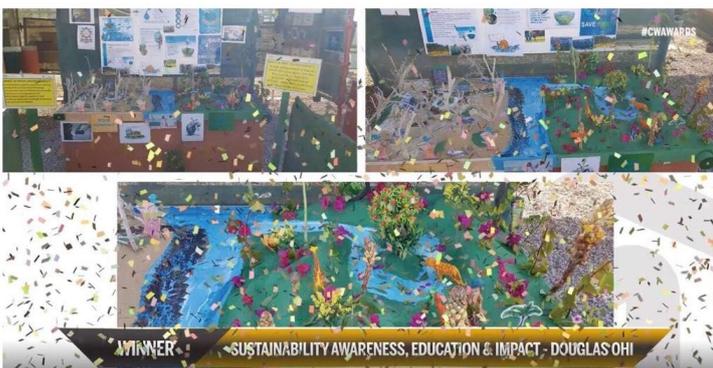
Contractor of the Year

Douglas OHI was recognised for demonstrating the best record of progress and delivery for clients across the board, whilst also maintaining an exemplary HSE record. Judges remarked that Douglas OHI have a proven track record of delivering complex projects consistently on time, within budget, and with a knowledgeable team.

Sustainability Initiative of the Year

Douglas OHI was recognised for not only its positive contributions to advance environmental considerations in construction, but also demonstrating clear practical applications.

The judges unanimously agreed that Douglas OHI is an excellent example to all when it comes to implementing sustainability initiatives. It is clear that their approach to change and desire to improve their environmental impact is sincere. Judges were impressed by how Douglas OHI were truly changing attitudes and behaviours towards the environment as a whole.



CSR Initiative of the Year

The win recognised the contribution to the welfare of local communities as a whole and the development of employees. Judges said the winner has always been at the forefront of putting employees first and is another clear example of exactly how the company has provided a huge amount of support for local communities.



Aaron Hennessy, General Manager, Douglas OHI, said: *“Winning these prestigious Industry Awards is a great honour for all of us at Douglas OHI. It’s a true recognition of the hard work and commitment of all the team, underpinning the strong collaborative partnership we nurture with Clients, Suppliers and Subcontractors.”*

Despite stiff competition from our peers Douglas OHI has received the prestigious award of CSR Initiative for the third consecutive year.

While we are obviously delighted to have been awarded Contractor of the Year, we are also proud of the fact that we have been awarded the Sustainability Initiative of the Year.

These awards are consistent with the Douglas OHI philosophy of continuously ‘setting standards’ in the industry through the speed and quality of our construction methods and the integrity of our Leadership Team.

For more information please visit <https://douglasohi.com/-category/press-releases/>.



Safety Achievement: 20 Million Safe Man-Hours - Duqm

Douglas OHI has contributed to 20 million man-hours without lost time injury on the Duqm Refinery Project. This accomplishment comes as a result of our commitment to workplace safety, which includes the adoption of strict safety standards, procedures and systems.

Aaron Hennessy, General Manager, Douglas OHI *“This is a significant accomplishment for Douglas OHI, and it’s another example of the good outcomes that can result from the efforts of our entire workforce living and breathing our safety culture. We are very proud of our team’s dedication to safety and congratulate them on this prestigious accomplishment.”*

On a site level, we value the everyday procedures from toolbox talks that focus on daily job tasks and associated hazards and risks, and the daily team and individual-based field level risk assessments. This achievement clearly demonstrates our commitment to ensuring that everybody goes home safe.”

Peter Baker, Corporate HSSE Manager said *“A great achievement by all involved and a testament to our people focused safety programme that says ‘It’s Ok to talk about Safety, Health and Wellbeing”.*

Douglas OHI recently celebrated the third consecutive Gold Global Health and Safety Award from The Royal Society For The Prevention Of Accidents (RoSPA). For more information please visit:

<https://douglasohi.com/douglas-ohi-celebrates-third-consecutive-gold-health-safety-award-from-rospa/>



General Manager’s Business Updates

Our General Manager - Aaron Hennessy visited our projects in Duqm and Salalah where he met with employees and provided a business update and an opportunity to ask questions. This was a great forum where stakeholders are able to share information and look at ways on how we can further enhance our safety culture.



Environmental Awareness Hazcom Campaign

In our ongoing efforts in striving for excellence in health and safety, our HSE Team lead a HAZCOM awareness session in Duqm.

Following the session, participants understood:

- Introduction to Hazard Communication;
- Hazardous Chemicals and Classification;
- Importance of Hazardous Chemical Inventory;
- Hazard Communication Written Programme;
- Material Safety Data Sheets, Safety Data Sheets, & Labels;
- Information and Training;
- Hazard Communication Checklist.



National Fire Protection Association (NFPA) Rating Explanation Guide



The HSE Team working on the Duqm Refinery project conducted a NFPA Rating Explanation Guide Awareness Campaign.

The aim of the session was to ensure employees could readily recognise and understand specific hazards of materials and the severity of the hazard that could occur during an emergency response.

The session covered the health, flammability, instability, and special hazards presented from short-term, acute exposures that could occur as a result of a fire, spill, or similar emergency.



Enhancing The Environment, Duqm

As part of our continuous efforts to create awareness and educate our employees, our project team based in Duqm planted 500 Kuwaiti trees around the perimeter of the Douglas OHI Camp.

Employees were made aware of the benefits that trees provide - both long and short term.

As well as being attractive aesthetically, they remove and store carbon from the atmosphere, slow heavy rain and so as to reduce the risk of flooding, enhance air quality and improve the urban heat island effect by reflecting sunlight and providing shade.

In addition, the physical weight of a tree consists of approximately 50% carbon, and can have a strong climate change mitigation effect especially when planted in high numbers. Some of these benefits such as the mitigation of the urban heat island effect and improvements to air quality are localised and will bring the most benefits to the people who live or spend their time in the local area. Other benefits such as the removal of carbon from the atmosphere will benefit the wider population, not just those who live locally.

Trees greatly benefit the people living around them by having a positive impact on mental health and wellbeing, reducing stress and encouraging outdoor exercise. This is in addition to the benefits they will receive from an improved environmental quality and improved amenity which comes with planted areas.

Visit <https://douglasohi.com/category/environmental/> and discover other initiatives we have undertaken.



Lockout/Tagout (LOTO) Campaign

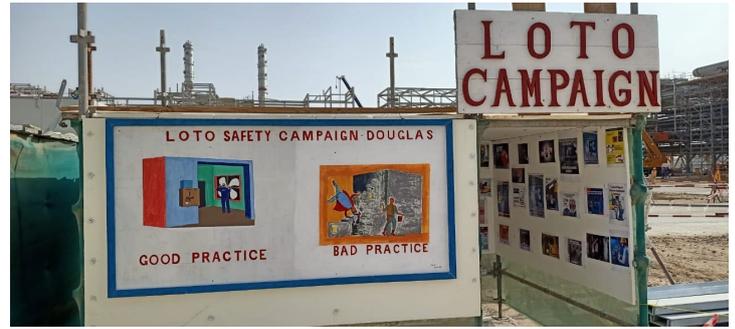
To safeguard our employees from the release of hazardous energy, Douglas OHI conducted a Lockout/Tagout (LOTO) practices and procedures awareness session on site at the Duqm Refinery project.

Lockout/Tagout:

- Prevents release of hazardous energy.
- Power sources “isolated and rendered inoperative”.
- Includes stored or residual energy.
- De-energises machines and equipment.
- Uses energy isolating devices.

Lockout/Tagout protects:

- From injury.
- From unexpected startup.
- During service & maintenance work.
- Working near exposed electrical conductors & parts of electrical equipment.
- Keeps others from turning machines on.



Douglas OHI Recognised As HSE Best Sub-Contractor Of The Project - Salah

Douglas OHI have been recognised once again as the HSE Best Sub-Contractor of the project at the Salah Independent Water Plant Desalination Project.



Project Update - Mohamed Azharudeen

Work continues to progress well on our project in Muscat.

Amongst other issues during this period, the project team recognise the importance of good practices and how they ensure that our employees go home safely.



Hand santisers provided at office entrance.



Multi language COVID-19 precaution poster displayed at reception.



Dust suppresion done before starting the excavation.



Water spraying during the excavation activity.



Protuding rebars are protected by timber.



Good scaffold - operative working at height with 100% tie-off.



Daily temperature monioring at site.



Banksman controlling plant/equipment movement.

From Around The World ... Australia

The operator of a crane involved in the death of a worker at a construction site in Australia pleaded guilty to reckless conduct exposing persons to a risk of serious injury or death earlier this year.

The operator pleaded guilty after being charged under the countries` Health and Safety statute.

The victim, who was 62, died on a Hospital construction site when the mobile crane rolled and hit him, the crane was being used to move a large generator.

According to testimony in court, the operator had been operating the crane at night with reduced lighting and visibility, and on unstable and dangerous terrain.

If found guilty, the operator could be sentenced to five years in prison and ordered to pay over OMR 80,000 fine, or both.

March Word Search

The challenge for the month of September is to search for 10 words related to facts about the benefits of planting trees.

The letters might appear in the puzzle across, up and down or be spelled forward, backward or diagonally.

Please send your answer to hsse@douglasohi.com.

Have Your Say...

Do you have a suggestion on how we can improve Take Thirty? Tell us what you like best about the newsletter and how we can make it even better.

Send your feedback or comments to hsse@douglasohi.com.



And Finally...

The world has changed significantly in the last few months, but the need to engage, generally by talking is more important than ever.

From an organisational point of view, the way in which we talk, how and when we feel empowered to talk is a really good indicator of the culture within the company or specific workplace, after all “Everyone has a voice” is one of our values.

Although the role of HSE Adviser is one that has communication as one of its key competencies, the same is true of many job roles in our industry, after all which job role does not rely on effective communication, generally, but not exclusively through the spoken word?

We have adopted the ethos of “It`s OK!” (to talk to me about Health, Safety and Wellbeing) so clearly talking is important to us all.

The wearing of masks is mandated by law therefore we spend a significant portion of our time talking to people whose faces are largely hidden, the situation can be made worse if the person is wearing dark glasses and the eyes cannot be seen.

Facial expressions help convey our mood or the warmth of a greeting and can

help when people do not share a common first language, these signals can easily be misunderstood at the best of times and the problem will get worse when trying to communicate to a group.

So what to do...

If an intervention is to be made (positive or otherwise) remember that the power of a smile can still be conveyed from behind the mask, we can reinforce a message by the use of body language as well as the tone of our voice.

Above all, be empathetic to the person you are dealing with, recognise that you may need to spend more time in order to get a message across and do not rush. Patient is key, do not assume that the person has fully understood your intention and or message, remember the use of open questions such as; How, Why What, Where, When and Who are the openings to constructive interventions.

Remember to reinforce positive behaviour from behind the mask, a cheery wave goes a long way in making a positive reinforcement of safe behaviour.



TAKE CONTROL

Stay Safe,
Stay Well,
Take Care.

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